



Achieving wholesome performance and growth through:

- Exploration and realisation of full potential.
- Clarity of direction and purposeful goals, with a belief in possibility and abundance.
- Contributing towards a wholesome, balanced life; connecting to resourcefulness.
- Inside-Out transformation, making an 'InnerMost Shift'.
- Enhancing abilities and B.A.S.K'ing in glory.

If you have the desire to reach your peak performance and achieve lasting results, then coaching is for you.

-Tony Robbins



Coach Kotak

Why Coach Kotak?

An aspired-state catalyst, empowering clients to realise exponential potential.



Experienced, trained, certified. Use of proven structures and tools, including evidence-based coaching.

Driving values: compassion, respect, balance, credibility and excellence.

Courage to lead change. Value driven decisions and actions. Aim to excel.

Because, I'm all about you...

If you have:

- The humility to accept, guts to change, and commitment to act.
- The willingness to invest in 'TREE' (Time, Resources, Effort, and Energy).

Coaching Plan Options:

- XpoU-sf: 5 months, fixed investment plan
- XpoU-lf: 15 months, fixed investment plan
- XpoU-lp: 15 months, performance based (70%) investment plan

Click on this link NOW to book a free demo session and for further details:

▶ <https://calendly.com/autsur/xponential-u-withcoachkotak-autsur>

